



**Medicinska škola
Šibenik**



ADDICT-ED
— Y O U T H E X C H A N G E —

Erasmus+
Enriching lives, opening minds.



**Co-funded by
the European Union**

ADDICT-ED

Education through awareness. Empowerment through knowledge.



Veli Lošinj, Croatia



23 Sep – 1 Oct 2026



43 participants total



3 countries



Vila Zlatokrila Hostel

36

Young participants

6

Youth leaders

7

Programme days

3

National teams

CONTENTS



About the project



Participants & teams



Venue & accommodation



Travel reimbursement



Croatian phrases



Contact details



Aims & objectives



Location & venue



Programme schedule



Preparation guide



Safeguarding notes

ADDICT-ED is a youth exchange developed from the interests and concerns of young people who recognised drug and alcohol use as problematic behaviour in their environments and among their peers. Some had already been offered marijuana as minors — showing how easily young people encounter drugs. Peer pressure makes refusal harder, as saying no may be seen as “uncool”.

The project responds to the core needs of partner schools to protect young people from the risks connected to alcohol and drug use, and to empower them to make responsible life decisions.

EUROPEAN DRUG REPORT 2024

22.5 deaths

per million EU inhabitants (15–64) from drug-induced mortality in 2022

EUROSTAT 2019

20 million+

EU adults (≈5.4%) live with clinical alcohol addiction

Using non-formal education, peer learning, reflection and practical workshops to help participants understand addiction, prevention, harm reduction and social support.



Educate young people about different forms of addiction and their impact on individuals, families and communities.



Develop skills for making responsible decisions, including safer ways of seeking fun and belonging.



Learn about social support measures, reintegration of addicts and harm reduction for communities.



Strengthen the capacity of schools to protect young people from drug and alcohol use.

HR

Croatia

Medicinska škola Šibenik

12 participants

2 leaders + facilitator

RO

Romania

Liceul Tehnologic Retezat Uricani

12 participants

2 leaders

HU

Hungary

Kőrösi Csoma Sándor Két Tanitási
Nyelvű Baptista Gimnázium

12 participants

2 leaders



Please ensure gender balance when selecting participants. All participants must be informed about and comfortable with shared rooms, toilets and showers before confirming participation.

Veli Lošinj is a picturesque coastal town on the island of Lošinj, known for its Mediterranean atmosphere, colourful harbour, seaside walks, pine trees and clear sea — a peaceful, inspiring setting for learning, reflection and intercultural exchange.

Venue

Vila Zlatokrila / Hostel
Zlatokrila complex, incl.
Villa Matilda

Rooms

4–6 person rooms;
shared toilets/showers on
floors

Setting

Mediterranean park-
forest, Kaciol peninsula,
close to sea

The youth exchange will take place in Veli Lošinj, with accommodation in Vila Zlatokrila hostel / Hostel Zlatokrila complex. Villa Matilda is part of the Hostel Zlatokrila complex. It is located in the centre of Veli Lošinj, in a Mediterranean park-forest environment, close to the sea and nearby public beaches.

The complex consists of several accommodation buildings within greenery on the Kaciol peninsula, with a large park area, playground and its own bathing area — making it ideal for organised stays of young people and group-based educational activities.



Participants



Rooms of **4–6 people**



Toilets and showers are shared among participants and located on the floors — not in individual rooms. All participants must be informed and comfortable with this before confirming participation.



Youth Leaders



Two youth leaders from the same national team share a room. Please make sure the 2 selected leaders are comfortable sharing a room with each other.



Separate toilet and shower facilities for youth leaders — not shared with participants.



The organiser will prepare the final rooming list before arrival. Any serious health, wellbeing or safeguarding needs that may affect accommodation must be communicated to the project contact in advance.

■ Croatia HR
 ■ Romania RO
 ■ Hungary HU
 ■ Outputs / Closing
 ■ Free time

Time	Day 1 23 Sep	Day 2 24 Sep	Day 3 25 Sep	Day 4 26 Sep	Day 5 27 Sep	Day 6 28 Sep	Day 7 29 Sep
08:00–08:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:30–09:45	Introduction	How Addiction Develops HR	Normalization of Addiction – Role of Culture RO	Prevention HU	<i>Free Afternoon / Walk to Mali Lošinj</i>	Creating Final Outputs	Presentation of Final Outputs
09:45–10:00	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
10:00–11:15	Rules	Why People Become Addicted HR	Peer Pressure RO	Emotional Awareness HU	<i>Free Afternoon / Walk to Mali Lošinj</i>	Continuation of Final Outputs	Youthpass
11:15–11:30	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
11:30–12:45	Team Building	Types of Addiction HR	The Effect on People Around You RO	Addiction Treatment HU	<i>Free Afternoon / Walk to Mali Lošinj</i>	Continuation of Final Outputs	Dissemination
12:45–13:00	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
13:00–14:15	Intro to Addiction / Youthpass	Dangerous Cocktails HR	Drug Legalization Debate RO	Role of Schools in Addiction Prevention HU	<i>Free Afternoon / Walk to Mali Lošinj</i>	Continuation of Final Outputs	Final Evaluation / Closing of the Exchange
14:15–15:15	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Evening	Reflection Groups / Dinner	Reflection Groups / Dinner	Reflection Groups / Dinner / Intercultural	Mid-term Evaluation / Dinner	Reflection Groups / Dinner	Reflection Groups / Dinner	Dinner

Reimbursement is made before the exchange to one account per group, upon receipt of all original invoices, tickets and boarding passes. Actual costs are reimbursed up to the maximum — the maximum is never paid automatically.

RO
Romania

417 EUR

max per participant · 4 travel days

HU
Hungary

285 EUR

max per participant · 2 travel days

HR
Croatia

Local

coordinated directly with organiser



Any additional nights, unusual routes or special travel needs must be discussed with the coordinator **before** purchasing tickets.



Discuss the risks connected to drug and alcohol use among young people.



Prepare examples of peer pressure situations and discuss responsible responses.



Be ready to participate in workshops, energisers, group work, reflection groups and debriefings.



Prepare an intercultural evening — food, music, traditions, language, games or short presentations.



Bring comfortable clothes and shoes for workshops, outdoor activities and island weather.



Bring notebooks, pens and materials for reflection and creative activities.



Ensure all participants understand shared accommodation before confirming participation.

This project addresses sensitive topics including drug use, alcohol use, addiction and peer pressure. Participants should be respectful, non-judgemental and careful when speaking about personal experiences. **No participant is obliged to share private information.**



Youth leaders must inform the project contact of any health conditions, allergies, panic attacks, asthma, epilepsy or other needs before arrival.

☐ All participants must carry a valid ID card or passport at all times. Croatia is in the Schengen zone.

All participants must hold a European Health Insurance Card or private travel/health insurance.

Emergency number in Croatia (police, ambulance, fire): **112**

Hello	Bok	How are you?	Kako si?
Fine, thank you.	Dobro sam, hvala.	Thank you	Hvala
You are welcome.	Nema na čemu	Yes / No	Da / Ne
Good morning	Dobro jutro	Good afternoon	Dobar dan
Good evening	Dobra večer	Good night	Laku noć
Excuse me	Oprostite	Do you speak English?	Razumijete li engleski?

COMMON SIGNS

Open / Closed	Otvoreno / Zatvoreno	Entrance / Exit	Ulaz / Izlaz
Men's / Women's	Muški / Ženski	Push / Pull	Gurni / Povuci

**Marko Užarević**

Project contact & emergency contact

 info@platypus.hr +385 91 762 0427

PARTNER ORGANISATIONS

HR

Medicinska škola Šibenik — CoordinatorPrincipal: Aleksandra Acalin · sandra.acalin@gmail.comContact: Mirjana Polić · mirjanapolic@net.hr

Ul. Ante Šupuka 29, 22000 Šibenik, Croatia

RO

Liceul Tehnologic Retezat Uricani — Partner 1Principal: Mihaela Tetileanu · tetileanu@yahoo.comContact: Nelu Cioată Ilie · neluilie@yahoo.com

Strada Republicii 16, 336100 Uricani, Romania

HU

Kőrösi Csoma Sándor Két Tanítási Nyelvű Baptista Gimnázium — Partner 2Principal: Berczelédi Zsolt · igazgato@korosi.huContact: Mlecsenkov Eszter · mlecsenkov.eszter@korosi.hu

Budapest, Szentendrei út 83, 1033 Hungary